

## Healings and Miracles

It has become fashionable to scoff at the pop psychology of books and films like *The Secret*, which promote a view of the world in which if you believe in something you can do it and, if you don't, you can't. Merely thinking about things, and wishing they were true, isn't, of course, enough. A wish, however strongly we hold it, has very little power, because it is not supported by a belief system.

It seems there is another step - you have to believe that it's possible for this change to take place. If you sort of vaguely hope that it will, it doesn't work. You have to raise your consciousness level before you can bring something about. A person who believes they are a victim in life can never have what they truly want, because their belief system subconsciously sabotages any effort at change. This is the real poverty of poverty in a way, because it makes the condition of merely being without money into a lifelong curse. We have to bring the vicious circle through faith that things can change, that they are changing and that we are not doomed to whatever circumstances we are in.

How can you teach such a complex lesson to your child? One of the best ways is through stories. Stories show us truths that are hard to articulate. Stories also give us hope. One of the loveliest new collections of stories to be published recently are Paolo F. Tiberi's *Chronicles of King Argoz, Prince Ultan and Princess Maya*. They are for children of all ages, or for the child in all of us, whether we are eight or eighty.

The story which has manifestation of healing or wholeness as its central theme, 'The King and the Miraculous Healing', opens with the King lamenting over the birth of his only son. Ultan is weak and deformed as a baby and, as a child, is too feeble to play with other children. The King despairs over this terrible state of affairs, as without an heir, his kingdom has no real future.

This story isn't of course just about kings and inheritances. It's about the royal drama within every person. Do you have a good inner ruler? Is that ruler strong, wise and just or mean, deformed and weak? Most people who become addicts for example, have inner rulers that are weak, that continually promise more than they can deliver, and that take the easy way out. We have to strengthen the ruler within by imposing ethical standards, belief in the possibility of healing and cultivating wisdom.

King Argoz seeks the wisdom of his own inner ruler by going to talk to the Great One. This is God without the trappings of any particular religion. This is the source. The King goes to a mountaintop and asks for healing for his son. At first he asks in a conversational way, as though requesting for a pound of butter or a tax form. There is no reply. Then he becomes more desperate and by the third

time he asks, he cries and falls to the ground with uncontrollable sobbing. Still there is no reply.

It is only when he is coming down the mountain, without an answer, that an inner voice tells him the reason behind his son's physical deformities. It is to allow a healing to unfold in him. Ultan and his father have to develop their inner wisdom to allow this healing to come about. In other words they have to believe in it. To remind them both, the Great One suggests that he puts a statue of Ultan as a young strong man outside his bedroom window where he will see it every day.

By the time Ultan is 18 he has grown into the strong young prince, just like the statue. Miracle? In a way, but one brought about by the development of consciousness. We should never use this story to make people feel that they are responsible for their physical deformities, but rather see this on the psychological level. Whatever body you have, it is the vehicle of your life, but not your life itself. Your attitude needs healing. Healing really means wholeness. If your body also follows, that is a bonus. Only you can change your attitude and thus your fate.

Read these stories. Or read them to your child. Enjoy their wisdom.

Chronicles of King Argoz, Prince Ultan and Princess Maya is the first of a series of riveting books in the Legends of Altai series by renowned self-awareness expert, Paolo F. Tiberi. If you would like to get a FREE chapter showcasing the book narrative style and story telling, please visit:  
[http://www.legendsofalta.com/pages/free\\_gifts.php](http://www.legendsofalta.com/pages/free_gifts.php)