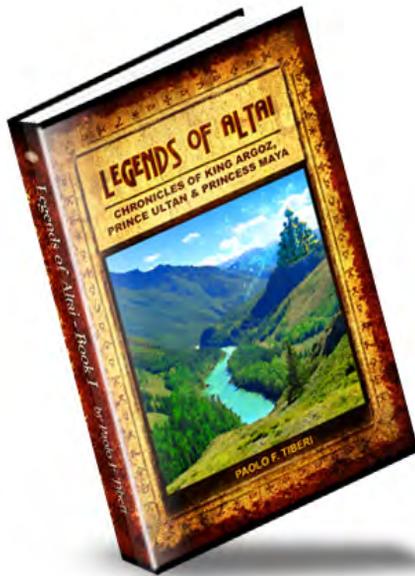


# *Legends of Altai*

## **BOOK 1**

### *King Ultan and his 3 Sons*



*Written by Paolo F. Tiberi*

[www.legendsofalta.com](http://www.legendsofalta.com)

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## **AN IMPORTANT LETTER TO** **PARENTS**

Dear Parents,

We all come from different cultural backgrounds, religions, and belief systems. However, the stories in this book can easily be adapted to fit any personal viewpoint. I believe it is better to equip our children with some form of self-awareness, wisdom, and knowledge than none at all.

We live in a society where our children have been unconsciously trained to disassociate themselves from feelings of compassion, empathy, or guilt. False heroes found in most video games, television shows, internet and movies often set this silent training.

Many of our leaders have forgotten that you cannot have a functional, balanced and caring society without functional children, therefore they allow this silent training to be ever present.

In a society where instant gratification has replaced true labour and dedication, children have grown to

expect everything immediately. They want instant soup instead of a finely brewed broth, even though the latter is more flavorsome and better for them.

It is sad that we have found ourselves living in a world where success is measured by how many “toys” one possesses. Kids are subtly and passively trained to desire materialistic things more and more, and never feel content.

We do have a way to step in and give our children positive guidance for a more enriching future.

Through your life, your words and actions and through the gifts (like this little book) you give your child, you have the ability to make a positive, profound choice for your child’s life. You can become their beacon of light by teaching them to become loving, caring, and wiser beings. This is what the true gifts of life are about.

I ask you to help us change society one small child at the time through this little book of wisdom.

I hope that after having read these stories, you will feel that they are worth sharing.

## 7. King Ultan and his 3 Sons

**T**here once was a King known by all as Ultan. He was the son of the great King Argoz. He was blessed with three sons. They were triplets and were born only one minute apart.



He had to decide which of his three sons would one day take over the Kingdom. This was a dilemma that caused him great anxiety.

He didn't believe that the rule of the oldest son applied in this case. He wanted to find out which of his sons was the most just, wise and brave of heart. The people of his land deserved that type of King

The King invited the wise men and women of the land to seek their counsel and guidance as his father did before him. Surely these great men and women could help him decide which of his sons would be the most suitable to reign over the Kingdom.

As the wise men spoke, one by one they offered advice to the King and asked him questions. One wise old man asked, "Why don't you set up a test of bravery and strength?"

The King did not like that idea. He was not looking for strength. He wanted an overall sense of justice, fairness, compassion and leadership from the future King.

Maya, Ultan's sister, who was renowned for her wisdom was also present. She had returned from her travels to help her brother for she knew how important it was to be governed by a wise and just King. Maya suggested a very good idea.



He called his sons at once. "Dear children, I am heading off on a pilgrimage to seek answers. I am not sure how long this journey will take. It could be a year, perhaps even longer. While I am gone the

Kingdom will be ruled by the 'round table.' The round table will be comprised of the three of you, your mother the Queen, Princess Maya, and a group of wise advisors."

The sons looked at their father curiously. They could not believe their father would abandon the Kingdom he loved so much for a pilgrimage. Because they honoured their father, they withheld their questions while he continued to speak.

"Each of you will be given a box of seeds.



The seeds are for fruit trees, ornamental tree, herbs, vegetables, and flowers. All these things grow and bloom throughout our entire region. In a year or more, I will be back and see what you have done with these seeds. Whichever one of you protects your seeds the best and makes the best use of them will be the rightful heir to the throne when I am no longer here. Do you understand, my sons?" Explained King Ultan.

The three sons nodded and knelt before their father in appreciation. They wanted to honour their father by being the best protector of the seeds.

Although all three sons looked very similar, they all thought very differently.

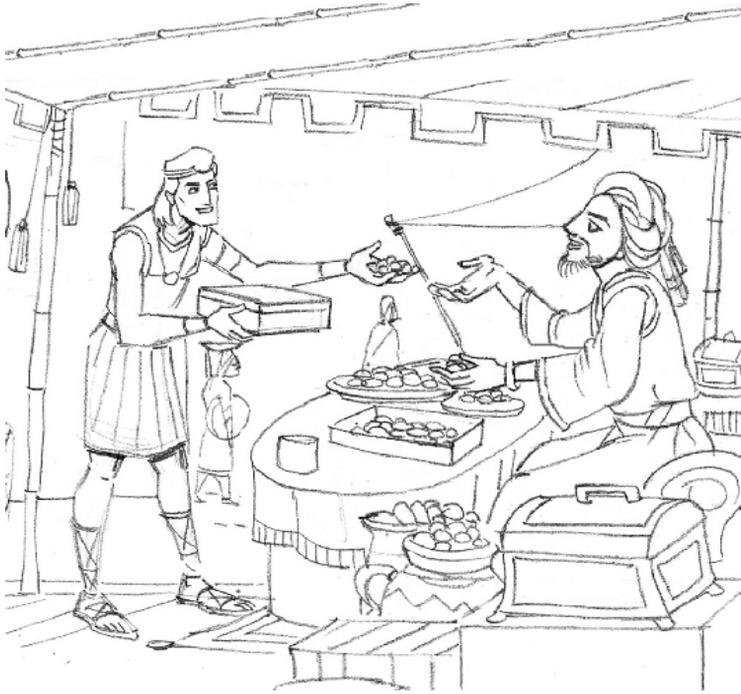
One of the sons called Aaron went and asked some farmers for the best way to preserve seeds. The farmers responded that if they were kept in a cool area with no humidity the seeds should preserve

well for several years without fear of rotting. He decided to follow the farmer's advice and that it would be wise to lock the seeds in a secured box.



He placed that box in a cool, dry place and wrapped it in layers of cloth to help prevent any humidity from seeping in. When his father returned, he would give him the valuable seeds back.

The second son, Niall, thought for days about what he should do. After careful consideration he decided to go to the market place to sell the seeds.



With the money from the sale of the seeds, he would invest it to earn more. Upon his father's return, he would take the money and purchase even more seeds to present to his father. He felt most

confident that these wise choice would help him get the crown.

The third son, Ryan, decided to plant the seeds in the royal fields.



They would create both beauty throughout the Kingdom and a productive oasis.

As time went by, the seeds grew into small trees, flowers, herbs, vegetables, and fruit. Ryan kept harvesting the seeds and used them to plant more. The Kingdom kept growing more beautiful and was rich in resources for all the people of the Kingdom. As you looked across the land you could see the beautiful colors of the blossoming flowers and lush plants. The air was filled with the sweet fragrance of bountifulness.

To show his loyalty to the Kingdom he took one extra step. He let it be known that any willing family could harvest from the oasis on one condition. They needed to reap any extra seeds they had after growing their own food and provide those seeds to other families to use. No seed that produced life and food should be discarded. They were to be used for its intended purpose.

Three years soon passed by. The King finally returned and all the people rejoiced at the sight of him.

It was a great day and the entire Kingdom was preparing a feast to celebrate the return of their great King.

Niall, after learning that the King had returned, ran to the market and purchased nearly double the amount of seeds he had started with. His money grew great interest over those three years. He was very proud and hoped his father would see how clever he was. One thing the second son noticed was that the roads of the Kingdom looked more lush and colorful than they had ever been before.

Once settled back in the Kingdom, the King called his three sons to appear before him. He had missed them and was very intrigued to hear about how they had used their seeds.

Before the King listened to his sons, he said, "Dear sons, there are no right or wrong ways when it comes to these seeds. Every one of you has done the best you could do, based on the way you

perceive life. A chef would see water as a beautiful tool for great creations and as an indispensable ingredient for many of his recipes. A farmer may look at water as a tool for growing his crops and creating life. Engineers would view water as a way to produce endless energy. People use the gift of water differently. All ways are good and necessary to better one's life. Therefore, do not be discouraged if you are not chosen to become the King. Each of you will have a purpose and fulfil a precious role in this Kingdom."

"Wouldn't one be more important than another?" Aaron asked.

"Dear one, can the heart survive in a body without a stomach? Or can the nose and breathing exist in a body without a lung? They cannot. All of the parts are integral for the system to work. One needs the other to work together effectively. Everyone plays an important role in life, whether they are a cleaner, teacher, doctor or a leader.

We all need each other for the whole system to work properly. Every one matters.”

“The test with the seeds, is not just about determining who will become King. It is also about learning your path in life,” explained King Ultan.

The King smiled tenderly. Then he asked his sons to show him their results one by one.

Aaron got the box of seeds his father had given him and opened the box. King Ultan looked at the well-preserved seeds. He hugged his son and said: "My son, you have done well. It looks like you would take good care of managing our produce and crops that are harvested in the Kingdom. Thank you for your great effort. I am proud."

Niall opened a bigger container showcasing double the amount of seeds. The King asked, "Son, are these my seeds?"

"No, father. I sold your seeds and reinvested the money from the seeds. Upon your arrival back to the Kingdom, I ran to the market and purchased double the seeds with the money I had earned."

The King hugged Niall and said, "You, my son, are a great visionary with seeing the potential of things and helping them to grow. You would take great care in managing the Kingdom treasury. Thank you for your great effort. You have made me proud."

The King looked to the third son, Ryan. "What did you do with your seeds, son?"

Ryan asked his father to follow him outside. He showed him the royal fields and gardens. "Those, my King, are the fruit of your seeds. The Kingdom is now producing fruit for both the court and the people of the Kingdom. The extra seeds that the trees, vegetables, herbs, and ornamental flowers have created were distributed to families around the Kingdom with only one condition.

They must share the seeds their plants generated with others so that they, too, may have food. The seeds are gifts that will keep on giving for all time. I do not have any seeds with me at the moment as all had been sowed to give life to new plants.



However, if you be patient a bit longer all the plants will produce their fruit and their seeds can be harvested."

The King embraced his son. "You, my son, will be a great King and leader! You have shown everyone that the idea of one single man can change an entire Kingdom!"

The seeds of the earth that grew within King Ultan's flourishing Kingdom continued to give. It is said that the Kingdom lived in great abundance. As friends and relatives from neighbouring Kingdoms visit, they would be given seeds to take back to their homes. Their only condition was the one that had initially been set by the young prince. Any excess seeds were to be given to others for free. All of the citizens of the Kingdom organised to give the seeds to villagers of other Kingdoms. The visitors delivered the seeds. Now, Kingdoms far and wide flourished with bountiful harvests and fruit.

Visitors to the Kingdom were always astounded and entranced by the richness, prosperity and beauty of the Kingdom. Ryan was truly a great

leader. Visitors decided to replicate what they had done in this Kingdom in their own homelands. They too wanted to create such beauty, bounty and giving.

It has been proven that the idea of one single young man can change not only a single Kingdom, but also the entire planet. In fact, Planet Earth became a Garden of Eden once again. This was because of the simple yet magnificent idea of a young prince.

## **THE END**

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## EACH STORY HAS A DIFFERENT LIFE LESSON

**1. The King and the Thief:** You can't judge others until you live and experience their struggles, life perceptions and understood the way they view life.

**2. King Argoz and the Wisdom of the Blue Violet:** Everyone is the way they are (physically, mentally, etc...) because they have life lessons to learn and a life purpose to fulfill. Understanding your place in this earth and the life plan you need to accomplish can change your life and make your existence a fulfilling one instead of one of chaos and struggle.

**3. The Merchant Learns a Life Lesson:** Life is about being happy within yourself. Although having money helps, true happiness comes when a sense of purpose, love and creative impulse are present. It comes from within. That's why there are poor people who are extremely happy and others, although very wealthy that are miserable.

**4. The King and the Miraculous Healing:** The biggest disability is a close heart and a close mind. Life is full of potentials even when you think your life is over because of physical or environmental limitations. Your mind, heart and spirit have the power to overcome any obstacles.

**5. King Argoz and the Street Girl:** Every person matters, no one should be left out. A small help from anyone goes a long way to help someone have a better life.

**6. Princess Maya's Plan:** Life is all about your inner perception and life attitude. Change those and your life will change for the better as a reflection of your inner mind-set. Make the people you love feel appreciated, loved and recognize them for their contributions in your life.

**7. King Ultan and His 3 Sons (This is what you have just read):** Everyone has a purpose. Everyone is necessary in life, even the humble of roles is necessary for sustaining the life we live. Respect others. A small idea can make an incredible impact on other's lives. You can make a difference.

**8 Looking Inside:** Happiness starts from within. We spend most of our life looking for happiness by accumulating material things to build a sense of serenity and security without remembering that true happiness start within.

## ENDORSEMENTS

***“I cannot tell you what a joy it had been to get this series of books into my home. As a loving mom and author I am always looking for books that entertain, educate, and open up opportunities for conversations with my daughter. The Legends of Altai series does just that. Every tale in the book takes you away to a story that is amazing and thoughtful. This one is a must for every child’s collection and adult too!”*** Jill McKellan  
author of Brophey’s Forest Adventures

***“These beautifully crafted, uplifting stories are deceptively simple, but contain deep wisdom. A must have book for all the children in your life and also for the child within you.”*** Frances Wilks, author of 'Intelligent Emotion'

***“An inspiring book that has the power to help children become better, wiser, more compassionate human beings.”*** Glenn Adams  
– Public Speaker, Business Coach to Mercedes-Benz, BMW, Kenworth amongst others, but more importantly father of tree.

## READERS TESTIMONIALS:

To support his teachings, events, DVD and new projects Paolo started to work for Qantas first and then Virgin Blue as a Flight Attendant and even took a second and third job. Read Paolo's full story [here](#).

Paolo realized the power of these tales even more when, as while working as a flight attendant, he handed out copies of his book to families with children age 5 to 12+ to entertain them during medium, long flights.

The feedback was extraordinary.

A girl age 9 went back to the aircraft galley and said to Paolo:

***“Your story about ‘King Argoz and the Wisdom of the Blue Violet’, has helped me realize that I am fine the way I am, I have been bullied for the last two years and I was thinking about doing something really stupid, now I will not. I just wanted to thank you in person for this gift”.***

A father in another flight came and said:

***“Life has a strange way to remind you what is important in life... I just read your story called ‘Princess Maya’s Plan’ and I realized that I have not been... I have not been a***

***good partner and husband. Although it's just a children's story I will implement the lesson that it contains and start making my wife appreciated again. I have not told my wife I loved her for more than 10 years... I thought that my hard work was enough to show my love and dedication to her and the children, but I realized that this is not enough.  
Thanks”***

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